



PE Long Term Overview 2022-2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Netball (Specialist Coach)	Gymnastics (indoor) (Specialist Coach) Hockey (outdoor)	Dance (indoor) OAA (Outdoor)	Basketball	Striking and Fielding (Specialist Coach)	Athletics
Year 4	Lacrosse (Specialist Coach)	Gymnastics (indoor) Netball (outdoor)	Dance (indoor) OAA (Outdoor)	Swimming Striking and Fielding	Swimming Basketball	Swimming Athletics
Year 5	Swimming Tag Rugby	Swimming Lacrosse (outdoor) (Specialist Coach)	Swimming Dance (indoor)	Striking and Fielding (Specialist Coach)	Tennis OAA (outdoor)	Athletics Gymnastics (indoor)
Year 6	Lacrosse	Gymnastics (indoor) Tag Rugby (outdoor)	Dance (indoor) (Specialist Coach) OAA (Outdoor)	Tennis	Striking and fielding	Athletics (Specialist Coach)

Note: year group activities are subject to change based on the availability of external specialist coaches to deliver sessions