



PE Long Term Overview 2022-2023

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Netball (Specialist Coach)	Gymnastics (indoor) (Specialist Coach) Hockey	Dance (indoor) OAA (Outdoor)	Basketball	Striking and Fielding (Specialist Coach)	Athletics
	(outdoor)				
Year 4 Lacrosse	Gymnastics	Dance	Swimming	Swimming	Swimming
(Specialist Coach)	(indoor)	(Indoor)	Striking and		
	Netball (outdoor)	OAA (Outdoor)	Fielding	Basketball	Athletics
Swimming	Swimming	Swimming	Striking and Fielding	Tennis	Athletics
Tag Rugby	Lacrosse (outdoor) (Specialist Coach)	Dance (indoor)	(Specialist Coach)	OAA (outdoor)	Gymnastics (indoor)
Lacrosse	Gymnastics (indoor) Tag Rugby (outdoor)	Dance (indoor) (Specialist Coach) OAA (Outdoor)	Tennis	Striking and fielding	Athletics (Specialist Coach)
	Netball (Specialist Coach) Lacrosse (Specialist Coach) Swimming Tag Rugby	Netball (Specialist Coach) Hockey (outdoor) Lacrosse (Specialist Coach) Swimming Tag Rugby Carosse (outdoor) Swimming Lacrosse (outdoor) Carosse (outdoor) Carosse Carosse Carosse Coach) Carosse Coutdoor Carosse Coutdo	Netball (Specialist Coach) Cymnastics (indoor) (Specialist Coach) Hockey (outdoor) Lacrosse (Specialist Coach) Netball (outdoor) Netball (outdoor) Swimming Tag Rugby Cymnastics (indoor) Netball (outdoor) Swimming Lacrosse (outdoor) Cypecialist Coach) Dance (indoor) OAA (Outdoor) OAA (Outdoor) Cymnastics (indoor) Swimming Dance (indoor) Cypecialist Coach) Dance (indoor) Cypecialist Coach) Tag Rugby OAA OAA OAA	Netball (Specialist Coach)	Netball (Specialist Coach) Repecialist Coach) Repecialist Coach) Repecialist Coach) Coach Repecialist Coach) Coach Repecialist Coach) Repecialist Coach) Coach Repecialist Coach) Repecialist Coach) Coach Repecialist Coach) Swimming Swimming Swimming Repecialist Coach Swimming Striking and Fielding Repecialist Coach) Striking and Fielding Striking and Fielding Striking and Fielding Striking and Fielding Specialist Coach) Coach Coach Coach Tag Rugby Coach Tag Rugby Coach Coac

Note: year group activities are subject to change based on the availability of external specialist coaches to deliver sessions