**Nevill Road Junior School - PSHE Medium Term Planning for Year 4**

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| Nevill Road Junior School Logo | **Relationships**  **(Feelings and Emotions, Healthy Relationships, Difference)** | **Living in the Wider World**  **(Rights and Responsibilities, Environment, Money)** | **Health and Wellbeing**  **(Keeping Safe, Healthy Lifestyles, Growing and Changing)** |
| Pre learning questions  Key To Learning | • Can I recognise when it is appropriate to keep a secret? Can I explain this?  • Can I can listen to others and respond appropriately?  • Do I respect personal space? Do I understand why this is important? | • Can I explain what it I means to live a sustainable lifestyle?  • Can I can talk confidently about effective management of money?  • Can I talk about the dangers I might face outside of school?  Can I identify risks in the local area? Can I suggest how to manage them? | • Can I can make informed choices about living a healthy lifestyle?  • Do I know how to stay safe online? Do I know who to talk to if I am worried about what I have seen on the internet?  • Do I can recognise drugs that are common to everyday life? Can I give examples? |
| **Year 4** | * **Feelings and Emotions**   **When is it appropriate to keep a secret?**   * Encourage children to talk about times when they have been asked to keep a secret * How did it make them feel?   **Listening to other’s point of view**   * Go through the concept of Restorative Approach * Identify the importance of listening to each other * **Healthy Relationships**   **Acceptable and Unacceptable physical contact**   * Think about it in school. * Children to appreciate the need to respect personal space   **Solving disputes and conflicts amongst friends**   * Qualities of a good friend * **Valuing Difference** * No Outsiders – To be welcoming   **Recognising difference and diversity**   * Recognise the difference between each other in the classroom * What can we do to celebrate difference?   Additional  Water Safety:  Link to Year 4 swimming | * **Rights and Responsibilities**   **Recognise and manage risk in our local area**   * What dangers are there outside of school? * How can we ensure that we stay safe? * What could happen in our local area that could be unsafe?   **Recognise and manage risk in the world**   * As we get older, what risks do we see in the world outside of school? * What can we do to ensure that we manage the risk and stay safe? * What do we do when we recognise this? * **Money**   **How to effectively manage money**   * Saving and budgeting   **What are loans and what is interest?**   * When would we need to ask for a loan? * Understand that loans often come with interest * Is it a good idea to have lots of loans? * **Environment**   **What does it mean to be sustainable?**   * How can we live sustainably?   **How can we be sustainable?**   * What could we do in school to be more sustainable?   What is the importance of it? | * **Healthy Lifestyles**   **What makes a balanced lifestyle?**   * Children to think about an active lifestyle * Link to sporting events and what the children can get involved in throughout the year   **Drugs that are common to our everyday life**   * Tobacco and alcohol * Introduce children to the concept that drugs are not always negative and can help us to feel better * **Keeping Safe**   **How to stay safe online**   * Introduce the concept that not everything is as it seems on the internet and that children need to be aware of potential dangers   **Growing and Changing (SRE):**   * To explore the human lifecycle * To learn some basic facts about puberty. * To explore how learning about puberty is linked to reproduction (children change into adults so that they can reproduce)   **Changes that happen in life and feelings that are associated with change**   * When this happens… I feel like… |